

Walk Thru the Bible Presents:



RESCUE

LEADING YOURSELF AND OTHERS TO FREEDOM

PHIL TUTTLE

Course Workbook

WALK THRU THE BIBLE®

BIBLICAL  CHARACTER
S E R I E S



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RESCUE: Leading Yourself and Others to Freedom
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*Helping people everywhere live God's Word . . .
and love God's Word.*

That's where "igniting passion for God's Word," a phrase we use frequently, comes in. Our mission is to create a path to help people encounter God, to connect them with His heart and open their ears to His voice. We believe that making disciples is more than simply making converts; it's helping people cultivate a dynamic, growing relationship with God. And igniting passion for His Word is a vital part of that mission.

How do we do that?

By getting people into His Word every way we know how, and with an approach that's engaging, relevant, and memorable—even exciting and fun! In our live events, we race through the Old or New Testament in a few hours. With our devotionals, we linger in the Bible over the course of a year. With our small group resources, we walk through the Bible—actually portions of it or topics from it—in a few weeks. We partner with local churches around the world to provide teaching, tools, and training to pastors, leaders, and all other believers with solid, biblical resources. And over the course of four decades, our discipleship materials have reached millions of people. Walk Thru the Bible ignites passion for God's Word through innovative live events, inspiring biblical resources, and a global impact that changes lives worldwide . . . including yours.

Visit us at www.walkthru.org



Step into the Story: Innovative Live Events

Experience live events that unveil God's Word as you've never known it before. Our live events tell God's story in a way that's interactive, relevant, and fun. As you're learning God's story, you're developing insight into yours—and enjoying an adventure that will last a lifetime. We offer more than 10 different live events, including *otLIVE* and *ntLIVE*.



Take a Walk: Biblical Resources

Delve into resources that impact your spiritual journey wherever you are. For more than three decades, we have developed resources that help people grow in their relationship with God and apply His Word to daily life. We do that through Bibles, small group studies, devotional magazines, books, and more.



Change the World: Global Impact

Get involved in a global ministry that impacts lives around the world. Walk Thru the Bible is dedicated to developing a global network of pastors and Christian leaders who make life-changing biblical resources available worldwide. Our global network has helped to change lives, preserve families, address social needs, and inspire churches in more than 130 countries. Reaching their communities in dramatic ways, our global partners are helping to change the world, one person at a time, through the power of God's Word.

Visit us at www.walkthru.org

RESCUE: *Leading Yourself and Others to Freedom*

We all have things that bind us or control us and limit what we are able to be or accomplish. It may be addiction to drugs or alcohol or habits like caffeine or overeating. Thought patterns, such as fear of failure or rejection, heart issues like unforgiveness or bitterness, and lifestyle problems like debt, also limit us. Personality traits like perfectionism, control, and people-pleasing can keep us stuck. And the devastating effects of trauma, abuse, or destructive relationships can make us feel trapped with no way out.

We all need rescuing from something.

God's people, the Hebrews, were living in slavery in Egypt. Hearing their cries of misery, God comes to the rescue. He chooses someone to deliver the people by leading them out of slavery and into freedom. That man's name is Moses. In this series, we will follow the main arc of Moses' life, and we will see how God uses this ordinary person to do extraordinary things.

It's my prayer that through *Rescue* you will discover that you are actually much more like Moses than you have ever dreamed and that, through His Word, God will teach how to lead yourself and others to freedom.

Learning together with you,



Philip S. Tuttle
President and CEO
Walk Thru the Bible



INTRODUCTION

We all struggle, whether it's with addiction, bad habits, negative thoughts or emotions, weaknesses, or abuse.

Each of us needs to be _____ from something.

Exodus 1:6-14

⁶ Now Joseph and all his brothers and all that generation died, ⁷ but the Israelites were exceedingly fruitful; they multiplied greatly, increased in numbers and became so numerous that the land was filled with them.

⁸ Then a new king, to whom Joseph meant nothing, came to power in Egypt. ⁹ "Look," he said to his people, "the Israelites have become far too numerous for us. ¹⁰ Come, we must deal shrewdly with them or they will become even more numerous and, if war breaks out, will join our enemies, fight against us and leave the country." ¹¹ So they put slave masters over them to oppress them with forced labor, and they built Pithom and Rameses as store cities for Pharaoh. ¹² But the more they were oppressed, the more they multiplied and spread; so the Egyptians came to dread the Israelites ¹³ and worked them ruthlessly. ¹⁴ They made their lives bitter with harsh labor in brick and mortar and with all kinds of work in the fields; in all their harsh labor the Egyptians worked them ruthlessly.

Egypt's pharaoh _____ the Israelites because he viewed them as a threat.

A new pharaoh views the Hebrews as a threat, so he makes their lives very difficult. Here we see a principle that is still true today: persecution often causes God's people to prosper.

Exodus 3:7-9

⁷ The Lord said, "I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering. ⁸ So I have come down to rescue them from the hand of the Egyptians and to bring them up out of that land into a good and spacious land, a land flowing with milk and honey—the home of the Canaanites, Hittites, Amorites, Perizzites, Hivites and Jebusites. ⁹ And now the cry of the Israelites has reached me, and I have seen the way the Egyptians are oppressing them.

God responds to the cries of his people by intervening to _____ them.



RESCUE

LEADING YOURSELF AND OTHERS TO FREEDOM

PREPARATION

SESSION 1

STEP INTO THE STORY

*"None are more
hopelessly enslaved
than those who
falsely think they are
free." —Goethe*



RESCUE Preparation

In the first few chapters of Exodus, the action moves very quickly.

God _____ Moses as an infant (Exodus 2:1-9)
 God _____ Moses as Pharaoh's grandson (Exodus 2:10)
 God _____ Moses as a fugitive (Exodus 2:11-15)
 God _____ Moses as a servant (Exodus 2:16-22)
 God _____ Moses as a leader (Exodus 3-4)

Eventually, Moses' character develops to the point where God says, "You're ready." Moses had learned to follow; now he was ready to lead.

He lived to be 120 years old. His long life can be divided into three phases.

40 years thinking he's _____
 40 years learning he's _____
 40 years discovering God can use _____

Moses spent his first eighty years, $\frac{2}{3}$ of his life, just getting ready so that God could use Him for the part that we will be studying together in this series. God's timeline is always different than ours.

In Exodus 4, near Mt Sinai, God calls Moses over to a bush that is on fire but doesn't burn up. There they have a conversation.

GOD:

"So now, go. I am sending you to Pharaoh to bring the Israelites out of Egypt."

MOSES:

"Who am I, that I should go to Pharaoh and bring the Israelites out of Egypt?"

RESCUE Preparation

STEP INTO THE STORY

Before becoming a deliverer, Moses must be delivered. Before God can work through us He must work in us.

*Out of my distress
I called on the Lord;
the Lord answered
me and set me free.
The Lord is on my
side; I will not fear.
What can man do to
me? (Psalm 118:5-6)*



"I will be with you. And this will be the sign to you that it is I who have sent you: When you have brought the people out of Egypt, you will worship God on this mountain."

"I AM WHO I AM. This is what you are to say to the Israelites: 'I AM has sent me to you.'"

"What is that in your hand?"

Put your hand inside your cloak."

"Who gave human beings their mouths? Who makes them deaf or mute? Who gives them sight or makes them blind? Is it not I, the LORD?" Now go; I will help you speak and will teach you what to say."

"Suppose I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' Then what shall I tell them?"

"What if they do not believe me or listen to me and say, 'The LORD did not appear to you'?"

"Pardon your servant, Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue."

"Pardon your servant, Lord. Please send someone else to do it."

STEP INTO THE STORY

*"He that is kind is free, though he is a slave; he that is evil is a slave, though he be a king."
—Augustine*

RESCUE Preparation

Moses is full of excuses, but God responds to each one: He shows him powerful displays of what He can do, but He doesn't dispute Moses' claim about his speech. God oftentimes limits us in our giftedness so that we will need Him and other people.

Exodus 4:14-20

¹⁴ Then the Lord's anger burned against Moses and he said, "What about your brother, Aaron the Levite? I know he can speak well. He is already on his way to meet you, and he will be glad to see you. ¹⁵ You shall speak to him and put words in his mouth; I will help both of you speak and will teach you what to do. ¹⁶ He will speak to the people for you, and it will be as if he were your mouth and as if you were God to him. ¹⁷ But take this staff in your hand so you can perform the signs with it." ¹⁹ Now the Lord had said to Moses in Midian, "Go back to Egypt, for all those who wanted to kill you are dead." ²⁰ So Moses took his wife and sons, put them on a donkey and started back to Egypt. And he took the staff of God in his hand.

God provides Moses with a _____ and the _____ to accomplish His mission.

God frees Moses from his fear of _____ and sense of _____.

*Freedom must be experienced before
it can be shared.*

Moses had to go through this struggle, to experience God's deliverance personally, for him to be able to lead others to freedom.

Now it's time to get these principles off the page and into your life. You and your other group members will get much more out of this course if you take the risk, open up, and share from your own life.



RESCUE Preparation

STEP INTO THE STORY

DISCUSS WHAT YOU'VE HEARD

1. How have you experienced God's rescue in the past? What current struggle do you long for Him to set you free from?
2. A new king, who knew nothing of Joseph or his brothers, came into power. This seems incredible to us, having been familiar with Joseph's story and God's deliverance of Egypt through him. We wonder, how could the king not know about all that Joseph did to save his country? What are some ways we can ensure that the generations after us know what God has done for us?
3. In Exodus 3:7-9, the Lord said, "I have seen...I have heard...I have come down to rescue them." Do you think active language like this underscores that God is active in the world? If so, does that hold true today? Can you think of scriptures that back up your answer?

*"It is not my ability,
but my response to
God's ability, that
counts."
—Corrie Ten Boom*



STEP INTO THE STORY

*“God uses those who
seem ill-fitted for a
significant life.”
—Charles R. Swindoll*



RESCUE Preparation

FOR PERSONAL REFLECTION

1. As you look at the timeline of Moses’ life, what stands out to you? Take a few minutes to jot down your own timeline, listing major events in your life. Do you see evidence of God working in it? Spend some time in prayer either asking Him to help you see His work in your life or thanking Him for doing so.
2. God not only is going to rescue His people, but He is going to give them a new land—fertile and flourishing and life-giving, filled with good things. But they had a long road ahead, both physically and spiritually. What are some of the promises of God that seem a long way off to you? What scriptures could encourage you as you wait?
3. Have you ever said no to God? What happened? What would you do differently if you could?



RESCUE

LEADING YOURSELF AND OTHERS TO FREEDOM

CONFRONTATION

SESSION 2



RESCUE

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Moses. When you hear his name, what comes to mind? A powerful leader going toe to toe with Pharaoh, never once flinching. God's messenger descending Mt Sinai with two stone tablets, his face glowing. Or a mighty man holding back the Red Sea as God's people walk through.

He's a giant in scripture, to be sure, but Moses was an ordinary man through whom God did extraordinary things. In *Rescue*, we'll see how God used Moses to rescue His people from slavery and lead them to freedom.

In these six sessions, we will start with how God prepared Moses and work our way through each step toward freedom until we arrive at the Promised Land—and the completion of Moses' mission.

- Preparation
- Confrontation
- Liberation
- Revelation
- Rejection
- Completion

Along the way, we'll spotlight truths about freedom that will illuminate our own struggles with bondage, whatever they may be. Because every one of us needs to be rescued from something. Come along with us and learn how.

Walk Thru the Bible

Helping people everywhere live God's Word isn't just a mission statement to us—it's our passion. We know the key to life change is passion for God and His Word, and we work in over 130 countries to bring His truth to the world.

When you see what your partnership with us can accomplish, it will ignite that passion in you too. When you see His truth prompting ministries to AIDS victims and orphans, influencing leaders in government and education, or reaching millions in "closed" countries, it's easy to start seeing doors of opportunity everywhere and to dream big. Taking a walk can change the world. Find out how at www.walkthru.org.

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