



10 Bible Verses

FOR ANXIETY

"Do not be anxious about anything."

GOD'S WORD TO CALM YOUR HEART AND BRING PEACE TO YOUR MIND

PHILIPPIANS 4:6

1



PHILIPPIANS 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

6



JOHN 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

2



PSALM 55:22

Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken.

7



PSALM 94:19

When anxiety was great within me, your consolation brought me joy.

3



MATTHEW 6:25-27

Do not worry about your life... Your heavenly Father knows that you need them. Seek first his kingdom and his righteousness.

8



2 TIMOTHY 1:7

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

4



1 PETER 5:7

Cast all your anxiety on him because he cares for you.

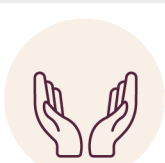
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HEBREWS 13:5-6

God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid."

5



ISAIAH 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you.

10



PSALM 34:4

I sought the LORD, and he answered me; He delivered me from all my fears.



KEY TAKEAWAY

God sees your worry, hears your prayers, and promises His peace. Give your anxiety to Him. He is in control.

*Give it to God.
He can handle it.*

1 PETER 5:7

